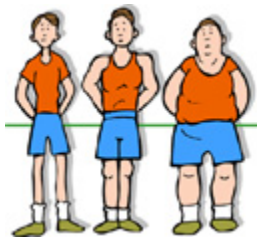


Bronze #2

Teach the health education core curriculum provided by the Utah State Office of Education.



Definition: To meet this criterion the health education core curriculum must be taught in all grades. The health education curriculum for all grades can be found at www.schools.utah.gov/curr/pe_health/core.html. The curriculum for Kindergarten, 1st and 2nd grades can be found in K-2 integrated under Fine Arts, Health, Physical Education, Science, and Social Studies. The curriculum for 3rd-6th grade can be found in Responsible Healthy Lifestyles 3-6 under Health Education.

Rationale: One of the four modern school health fundamental outcomes is promoting academic achievement. Scientific evidence shows that health programs have an impact on academic outcomes.¹ The purpose of the Curriculum is to develop knowledge, skills, and attitudes necessary for practicing lifelong health enhancing behaviors.²

1. Center for Disease Control. Coordinated school health program
<http://www.cdc.gov/HealthyYouth/CSHP/#1>
2. Utah State Office of Education. Core Curriculum,
<http://www.schools.utah.gov/curr/core/CoreWord/Hth7-12.pdf>

Resources

Utah State Office of Education

Frank Wojtech
801-538-7732

USOE Core Curriculum

http://www.schools.utah.gov/curr/pe_health/core.html

National Health Education Standards

http://www.aahperd.org/aahe/pdf_files/standards.pdf

Assignments

School Coordinator Assignments

- Determine current school practice
- Determine how school will incorporate health education core curriculum
- Promote awareness of the health education core curriculum in the school
- Determine best channels to reach teachers, parents, and school policymakers
- Assess teacher awareness of the curriculum

Mentor Assignments

- Provide school coordinator ideas/resources to support and promote the health education standards
- Write a description for the mid-year progress and end-year reports



Bronze #2 Ideas

- Provide teachers a copy of the Utah State Office of Education's health education core curriculum
- Teach students how to read food labels including sugar content and serving size
- Have Utah Jazz Dancers, University Athletes or other local role models talk about the importance of health
- Use Cafeteria Connections as a tool
- Provide lesson plans for teachers



Health Ed Core Description Template

A description must include specific details describing how the school completed the criteria. If you are writing a description for criteria that the school achieved in previous years please include a description of what the school is doing **this year** to maintain that level not what they did in previous years.

A Gold Medal Schools description does not require an Intent, Rationale, Reinforcement or the principal's signature. Use this template to write your description (all information is required).

A sample description for this criterion is provided on the next page.

The description must include...

- ❑ A statement that all teachers are teaching the USOE health ed core curriculum



Health Ed Core Description

Green Meadow Elementary used the Utah State Office of Education's health education core curriculum in all grades. The health education core curriculum was discussed at faculty meeting in November. Teachers were given copies of the objectives and standards for their grade level and instructed to teach all objectives by the end of the year.